

Reflections Sheet on my Listening to God

Walk 3 (Sept 18): Humility (Romans 12:3)

Because of the privilege and authority^{of} God has given me, I give each of you this warning: Don't think you are better than you really are. Be honest in your evaluation of yourselves, measuring yourselves by the faith God has given us.

New Living Translation

1. How have I listened to God this week?
2. How have I tried to humble myself before God? What specific kinds of guidance have I requested of God in prayer?
3. What answers to those questions have I received?
4. What I will pray for:

WELCOME to a Journey of Renewal!
LISTENING TO GOD

Over the next several weeks, we will be walking together in our class on a journey together renewal and transformation so that we think and act in ways that are good and pleasing and perfect in God's eyes. Does this sound challenging? But, isn't it what we want more than anything else?

This little folder gives you a place to record the milestones on your journey. In your home, after class, spend some time in prayer and meditation answering the questions for the walk we've just completed. Put this folder in your Bible, and always bring it to class.

At some appropriate time, your guide for this journey will tell you that we will take a rest from the travel during class and share any observations we have about our journey so far.

Over the two thousand years, millions of Jesus followers have traveled with the same objective. Don't feel like you are alone in this quest nor fail to realize how many have achieved what we are about to do also!

God's blessings! [Don't forget to pray for yourself, for your friends in class, and for your guide on this journey.]

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Walk 1 (Sept 4): Listening to God: An Overview

Living Sacrifices (Romans 12:1-2)

And so, dear brothers and sisters, I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice—the kind he will find acceptable. This is truly the way to worship him. Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect. (New Living Translation)

1. How have I listened to God this week?
2. What specific kinds of guidance have I requested of God in prayer?

3. What answers to those questions have I received?

4. What I will pray for:

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Walk 2 (Sept 11): Prayerfully Reading for Transformation

Romans 12:1-8

Prayerful reading is taking a break from reading to seek information and focusing on personal transformation. The Latin term for this type of reading is *Lectio Divina* ["Sacred Reading"] and the practice goes back to the third century.

This method can be stated in four steps:

1. Read a short portion of the Bible – a verse or two.
2. Reflect in silence on a word or phrase. Connect what you have read with your own life and experience.
3. Quietly talk with God asking for His guidance.
4. Put into words what you see God's wishes to be in regard to how you put this scripture into action. Maybe you write your understanding down in a journal.

What reflections do I have on my using this method of reading this week?

How have I seen the word of God transformed me?